



## Autism Diagnosis and Early Intervention ABA Therapy

Highlights Healthcare specializes in serving young learners with Medicaid benefits. We believe every child has the ability to achieve great things, and we are guided by family-centered principles that demonstrate dignity and respect.

The earlier therapy services begin, the greater impact they provide for the learner. Anyone can request a diagnostic evaluation if autism is suspected.

Contact us with questions or to schedule an assessment session.

704-572-3810

Our team will be with you each step of the way for questions, scheduling, and what to expect.



HIGHLIGHTS  
HEALTHCARE

Early Intervention

Language Acquisition

Social Skill Development

Functional Living Skills

Behavior Reduction

Please visit us online to see our Learning Center locations throughout North Carolina.



Scan for our Interest Form

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Se habla Español

www.highlightshealthcare.com



HIGHLIGHTS  
HEALTHCARE



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## What is Autism?

Autism Spectrum Disorder (ASD) is a developmental disorder that affects communication and behavior. ASD includes a broad array of symptoms which vary in type and severity.

## Autism Diagnosis

A Licensed Psychological Associate can determine a diagnosis of autism using a state of the art, empirically based assessment instrument. The LPA takes time with the child and family to make observations through a series of interactions.

If an autism diagnosis is confirmed, we can schedule an assessment with one of our Board-Certified Behavior Analysts to develop an individualized plan of therapy specific to the child's needs and goals (if ABA therapy services are desired). We recognize and honor a family's right to select a therapy care provider.

## Early Intervention

The Highlights Healthcare Early Intervention Program is fun, yet intensive. Our program implements specifically focused interventions that are firmly rooted in behavior analysis and developmental relationship-based approaches. Children up to age 6 (prior to starting a school-based program) attend one of our state-of-the-art Learning Centers for their sessions. Frequency and length of sessions are determined by the child's individual assessment.

Our program teaches skills in a controlled environment while ensuring those skills are generalized to the home and community. Some service delivery in the home/community may also be recommended.

## ABA Therapy (Applied Behavior Analysis)

It looks like play, but it is specifically designed care.

The goal of our ABA therapy program is to help learners develop skills that will lead them to become more independent and successful while reducing negative behaviors. ABA therapy is proven to help children learn new skills to increase positive behaviors (like communication and play skills) and reduce challenging behaviors (like tantrums). Therapy plans are individualized and our 1:1 direct care session frequency and duration are determined by the learner's specific plan.

## Our Program

- Provides specialized one-on-one session with the learner to improve basic skill areas including communication, play, self-care, learning, and social skills
- Teaches new ways to communicate with the learner
- Develops the skills that help prepare the child to learn, such as sharing interests with others, imitating others, or responding to words
- Creates understanding for the reasons behind a child's challenging behavior and how to help them